



THE LEGACY

Big Stone Health Care Foundation
2021

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I am sending sincere appreciation to our friends for your generosity in 2021. Our donors continue to recognize and support the mission of the Big Stone Health Care Foundation “to contribute to the health care and the maintenance of the people.” The Foundation upholds this mission by investing your donations to recruit caregivers and aid in healthcare operations for the community. Your donations are used to nurture, cure, and save lives. This impact cannot be overstated, and the gratitude felt in return cannot be measured.

In 1989, the group that formed the Big Stone Health Care Foundation was ahead of its time – looking to protect healthcare in the Ortonville area while ensuring jobs for years to come. Since its inception, the Foundation has used your gifts to fund equipment like the first automated ventilator in Ortonville, dialysis chairs, and a defibrillator. The Foundation laid the groundwork toward bigger projects like the Outreach Patient Center and more recently Fairway View Neighborhoods, supporting a new vision in senior living and care.

While equipment and buildings are important, the Foundation considers people our biggest investment. To date, the Foundation has invested \$1.9 million into this idea. This includes recruiting providers, sponsoring staff who are furthering their healthcare educations, aiding in E.M.T. and paramedic annual training, and issuing scholarships to high school seniors that are embarking on a career in the healthcare field.

As we look ahead to the future of healthcare, we know that COVID has created new hurdles and even changed the direction of people’s career aspirations. We continue to learn and adapt to this new normal of COVID and shortages of what seems like the most basic needs, knowing that the highest on this list is staffing. Here in our rural areas, we will not just adopt but thrive – because we aren’t afraid to explore new solutions and we band together when there is a need. That is what makes our communities home – whether you have lived here for a lifetime or only found your way in the last couple of years. I encourage you to make a donation to the Foundation with the enclosed giving envelope and continue making an impact on your hometown’s healthcare needs.

I am proud to share this year’s annual report with all of you and the stories that bind us together.

Many blessings in 2022.



From
the
Foundation
Director

Vanessa Lhotka-Meyer



FAIRWAY VIEW SENIOR COMMUNITIES WELCOMES NEW ADMINISTRATOR

For forty-three years, Cindy Jorgenson has been a familiar face in long-term care here in Ortonville. She began at Northridge Residence in 1978 as a C.N.A. (Certified Nursing Assistant) earning \$2.65/hour. As still rings true today, she was eager to serve and make a positive impact on senior lives and their families. Her sincere, down-to-earth personality that is immersed in integrity and morals is what carried Cindy from C.N.A. to twenty-five-year Director of Senior Services, forming a legacy of leadership, kindness, and care to staff and families throughout the years.

Full disclosure – Cindy does not care to ring her own bell – but there is so much to cover in her forty-three-year career with Ortonville Area Health Services. There are stories of families who remember her kindness and care for their loved ones in their final years of life. There are co-workers who value her leadership, and who admire her positivity. There is her family: her husband Harlen of 43 years who she helped raise cattle, three daughters, and one son who remember their mom never staying home whether a family event or snowstorm - if worked needed her, Cindy was there. Grown now, her children are proud of the work ethic and positivity they have learned from their mom. They recognize the contributions she has made to healthcare in Ortonville.

Cindy considers one of the highlights and honors of her career to have been a part of helping to design the Fairway View Senior Living Communities Complex. It was a longtime dream come true to go from a traditional nursing home to this state-of-the-art facility that includes Catered Living, Assisted Living, Home Health, and a Nursing Home that hosts three neighborhoods for residents. Cindy cites the biggest improvements as a more focused model of care and continuum, private rooms where residents also have private bathrooms and showers, and a change to electronic medical records rather than paper charting. Instead of the larger, traditional dining rooms, the new facility has smaller dining rooms with consistent staff that are familiar with individual needs. Cindy is proud of the level of care this facility provides for seniors as well as the work culture for staff.

COVID has presented one of the most daunting challenges of Cindy's long career. Learning to lead in altered working and

“From CNA to Director, I have been thankful to work at OAHs”
-Cindy

living conditions has bonded Cindy and her staff together in a new way. They learned to trust each other, band together and, lean on one another in hopes of protecting residents and staff. Cindy believes the pandemic has strengthened the leadership team at Fairway View and has encouraged staff to think outside the box in ways to best serve and care for residents. Cindy is proud to have been a part of Ortonville Area Health Services and Fairway View Senior Communities. She acknowledges that the Big Stone Health Care Foundation had a hand in making these facilities what they are today and that is a major factor in why she chose to donate throughout the years to the Foundation. But most of all, Cindy expressed appreciation to her family for the amazing support. She is also so grateful to residents, staff, and families for their friendships and trust for so many years. These relationships are ones she will forever treasure.

“Most importantly, is that Fairway View is providing the highest quality of care and that each resident is comfortable and safe in their home at Fairway.” -Calista

As of January 17th, Cindy began training in her replacement Calista Taffe and she is ready to turn over her keys – wishing Calista the best in her new journey. She looks forward to traveling the country with Harlen, spending more time with family, and just maybe, even letting the phone go to voicemail once in a while!

As Chief Executive Officer of OAHs, Dave Rogers anticipates this transition time to go smoothly at Fairway View. Dave holds an immense appreciation for Cindy: her work ethic, heart, and leadership. He & Cindy have always maintained a tight bond and open lines of communication so there has been an open dialogue regarding Cindy's anticipated retirement. Although she could have retired sooner, she offered to delay retirement to help navigate Fairway View through the pandemic onset. Her many years of experience and compassion no doubt contributed to Fairway View being one of few senior living facilities in Minnesota that were not as severely impacted by COVID19. While Cindy's experience was vital in the onset of the pandemic, Dave also feels that Calista's fresh perspective will be a guide to Fairway View living with what will be the “new normal” of pandemic.

In the search for Cindy's replacement, Dave and his team inquired internally if there were staff that was ready and eager to take on a new challenge and externally, meeting with Evangelical Lutheran Good Samaritan Society, otherwise known as ‘Good Sam’ who merged with OAHs's managed-partner Sanford Health in 2018. Good Sam is the

largest non-profit provider of long-term care and senior living services in the United States. They were able to offer guidance in the onset of COVID and brought colleagues from Minnesota and South Dakota together in weekly and sometimes daily virtual meetings where partners were able to offer support and guidance to each other. This bond forged trust and in August of 2021, Dave and the OAHs Health Care Board decided to sign a management agreement with Good Sam. The first order of business was to promote the leadership opportunity at FWV at a local, regional, and national level. After interviews and much discussion, all parties whole-heartedly agreed Calista Taffe was the best candidate, bringing energy and, excellent references.

Calista and her husband Brady live outside of Ortonville with their children and dog Shamrock. Together, they have four children, their oldest son Rocklon “Rocky”, their heavenly daughter Acelyn Raine, and identical twin boys Aceton and Huxton. Calista has contributed to The Legacy in years past, sharing the story of her daughter Acelyn and the journey of loss and love that followed. I encourage you to go back to former Legacies and reread her journey, they are raw, touching and, beautiful.

Calista's passion for long-term care began during high school, when she was a Certified Nursing Assistant in her hometown of Madison, MN. She obtained her Bachelor of Science in Health Services Administration and Minors in Mass Communications and Management from Minnesota State University. After graduation, Calista accepted the position of Marketing Director for Madison Healthcare Services. She describes her experience and what drove her to pursue her licensure as a Nursing Home Administrator.

“After graduation, I accepted a position as the Marketing Director for Madison Healthcare Services. During this role, I found myself investing a lot of my time at the care center with the residents, highlighting the dedicated staff through my marketing efforts, and assisting with PIPP (Performance-based Incentive Payment Program) projects. I loved being a part of these teams that were so focused on improving the quality of life and care for the residents. As part of one of the PIPP projects, I helped implement Skype as an option for residents to visit with their loved ones. This would have been about 2013 when telecommunication was a brand new

concept in this setting. It's incredible to think how far we have come since then. I remember being involved in the first test run, where a resident skyped with a loved one living across the United States whom she had not seen in a long time. The emotions of that moment, watching this resident be able to see her loved one on video and visit with him after so much time apart, was incredible. I recall looking at the Social Worker after the Skype call, both of us speechless, watching the resident gleam with emotions and happiness. I loved those moments that just moved you, where you felt like you were truly making a difference in someone's life. I kept experiencing this the more involved I became with residents, their families, and the staff. It clicked that I wanted to do more in long-term care."

After attaining her Nursing Home Administrator license, she took on the position of Executive Director of Traverse Care Center, a 49-bed skilled nursing facility, and Prairieview Place, a 20-unit independent living facility in Wheaton, MN. She held this position for three years under the management of Health Dimensions Group. Most recently, she was employed by Big Stone Therapies as the Human Resource Employment Supervisor, a position and company she loved.



Dave & Heather Rogers donated \$500 to the Big Stone Health Care Foundation in recognition of Cindy's commitment to healthcare throughout her career.

While, Calista was not searching for a new position, the recruitment ad for Fairway View pulled at her heartstrings, she longed to serve residents and their families and to surround herself with staff who also had a passion for providing the best in senior living care. She knew from personal experience with OAHS that the organization's values aligned with her own and that she would be surrounded by familiar faces. In accepting this position, she has felt that she is following the path set forth by a greater power and looks forward to giving her best as a servant leader.

Calista plans to dive right in – anticipating challenges such as navigating the pandemic, addressing regulatory changes, as well as adequate staffing and morale, among others. She believes her position as a leader means that she must serve and support each employee of the organization by being accessible and

empathetic. She looks forward to meeting residents and their families and building trustful relationships. Most importantly to her, is that Fairway View is providing the highest quality of care and that each resident is comfortable and safe in their home at Fairway. To ensure this, she looks carry to on the superior level of care Cindy and her team put in place while employing innovative ideas to continue raising that bar.

Looking forward, Dave states there will only be a higher demand for senior services over the next thirty years. Ortonville Area Health Services is grateful to have this modern campus in Fairway View, which will serve the area senior community and ensure affordable senior living and services for decades to come. A big piece of this puzzle is hiring qualified caregivers to serve and support future residents and tenants. To do this, OAHS offers competitive compensation and benefits as well as works with local schools and colleges to develop the next generation of caregivers. The Big Stone Health Care Foundation has worked to support staffing by providing financial aid to staff who choose to further their educations in healthcare and when OAHS requests assistance with recruitment. This is an impactful partnership, creating waves throughout the community.

While it is bittersweet to say goodbye to Cindy and her solid presence at Fairway View, it's also exciting to welcome Calista and her contagious ambition. As this new chapter is opened – it is time to trust the next generation with the legacy so carefully built and nurtured by Cindy and the many that came before. It all started with innovative minds that were committed to the needs of local healthcare services and it has grown as that passion has been ignited in young hearts that watched it all come together and have been inspired along the way. Fairway View will continue to thrive and be a major part of the community, employing youth who may be motivated to follow a career in health care and serving our senior population with trust and familiar faces. Thank you Cindy for your years of service and welcome to Calista, may you find much fulfillment in your journey.



We pay tribute to Heather Tietjen and celebrate her 16 years of providing excellent care, leadership and friendship at Ortonville Area Health Services. Heather has been a loyal supporter and volunteer of the Foundation and has made a valuable impact on our success throughout the years! We wish Heather and Scott well and offer a huge "Thank you" for all your contributions!

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The following volunteers contributed their time and efforts to the mission of the Foundation throughout the year, sharing their time at often at multiple events. Thank you!

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*Denotes Honorarium

Grateful Heart

By Vanessa Lhotka-Meyer



transport arrives, telemedicine is used as a tool to bring the specialist from Sioux Falls directly into the OAHS emergency room. Local staff and the specialist who will treat the incoming patient work together to assess and stabilize them while they await transport. The partnership is invaluable to saving lives and providing the best care possible.

Lori Hoium can attest firsthand to the team-based care that places patients before all else. Late last spring, she made an emergency room visit with what she thought was just annoying back pain. It had been steadily becoming more unbearable for two days. She was immediately assessed and diagnosed as experiencing a heart attack. Lori was in disbelief. How did back pain become something so serious? Dr. Allan Ross spoke gently with Lori and Jim about her condition and what to expect. Within two hours of arriving at the OAHS ER, she was stable and being transferred onto a Life Link III helicopter and flown to Sanford Heart Hospital in Sioux Falls.

Lori had ridden in a helicopter before, but she was not prepared to do so on this night and was overwhelmed with feelings of claustrophobia as she was being loaded into the unit. She had been given Nitroglycerin to ease her heart pain and, while the nitro was doing its job, it was also making her feel nauseous. She told the nurse that monitored her during the ride she was closing her eyes and wouldn't open them until they landed. Less than forty minutes later, they arrived in Sioux Falls, where Lori finally opened her eyes as the helicopter made a safe and swift landing. Although the ride only lasted a short time, Lori has so much love and appreciation for that crew – she notes how, because of masks and safety gear, she probably wouldn't even recognize these people who had a hand in saving her and making her comfortable in one of the scariest times of her life.



Life Link III crews are comprised of a pilot, flight nurse, and flight paramedic. Life Link III's advanced providers have years of hospital intensive care, emergency room, or 911 experience. Additionally, many pilots are retired from the Air Force service and have approximately 2,000 flight hours under their belt. The crew forms a team and they communicate to make all safety and flight decisions as a unit. There is no ego on board these flights where every decision is the line between life and death. Part of the reason Lori felt a sudden burst of claustrophobia when

boarding is the exact reason she knew she was in the best of hands. Each air unit is equipped with the best technology and equipment – making it a literal Emergency Room in the air.

Lori was one of the lucky ones. She survived what is frequently known as the "Widow Maker". On Saturday morning, the staff at Sanford were able to stent one artery that had 95% blockage and, on Monday, they opened up another that showed 55% blockage. By Tuesday, Lori was home from one of the scariest episodes of her life. She began cardiac rehabilitation three times a week and, with the help of her cardiac therapist, Kelly, she believes she has more energy and is healthier than a year ago.

It took many months before Lori could hear the helicopter flying over her house without crying. She couldn't shake the overwhelming feelings of gratitude for her own life and concern for another's. Lori doesn't take the care she received for granted. At Cornfest this last summer, she couldn't wait to enjoy a helicopter ride over Big Stone Lake. Up in the air, she looked down at the beautiful part of the world she calls home, Lori was overcome with gratitude once again. This local healthcare system that works as a team, offers the best care, and saves lives every day made it possible for her to have this third ride. The team allowed her to experience the birth of a new grandbaby this fall, more fun memories with friends, and every night home with Jim. Lori with her big smile, infectious laugh, and larger-than-life personality doesn't take a day for granted. She lives every day to its fullest, slowing down only to say a prayer when she hears that familiar sound overhead.



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 Arlen & Ardell LaCombe
 Kerri Larson
 David & Lori Larson
 Nancy Lee
 Lindsey & Josh Lee
 Gordy & Diane Lindquist
 Nola Lockwood
 Jackie Maas
 Karin Mack
 Sara & Jon Mathes
 Sara Mattison
 John & Jean Merritt
 Myra & Jay Mielitz
 Minnesota Vikings
 Keith & Malissa Misemer
 Mundwiler and Larson Funeral Home
 Lynnette Nelson
 Sadie & Matthew Nelson
 Connie & Carol Newman
 Laurie Notsch
 Tom & Dana Oakes
 Bobbie & Steve Oakes
 John & Carrie Olson
 Curtiss Olson
 Ortonville Moose Lodge
 Ortonville Study Club
 Bill & Sue Pansch
 Gladys Paulsen
 Kathy Peterson
 Callie Pond
 Damiane Prasnicky

Tim & Leslie Pugh
 Kevin & Peggy Rademacher
 Tom & Jeanne Rademacher
 Glen & LuAnn Radermacher
 Sue Rausch
 Realty Title & 1031 Exchange Co.
 Rochelle Reede
 Glenda Reiffenberger
 Jason & Tia Roggenbuck
 Mark & Arloa Ronglien
 Pete & Rebecca Ross
 Mary & Eric Rotter
 John & Lila Salls
 Karol & Jim Scherer
 Alicia & Doug Schliep
 Mark & Cynthia Scholberg
 Wayne & Ethel Schoon
 Virginia Schoon
 Brad & Cassie Schreier
 Patrisa Schuelke
 Brandon & Candice Schultz
 Anne & Peter Schwagerl
 Sharon Scoblic
 Shady Oak Realty
 Lynelle & Yon Shutt
 Aletta Simonitch
 Scott & Monica Simonitch
 Sharon Smith
 Mary Smithwick
 Brittany Staton
 Scott & Jayne Stecker
 David & Melody Steffes
 Connie Stock
 Delores Strege
 Paul & Ruth Strong
 Mike & Terri Swenson
 Galen & Shirley Swihart
 Kayla Teske
 Russ & Ronda Thielke
 Susan Throndrud
 Lacy & Nick Thymian
 Kristen Tillotson
 Sara & Jeremy Tollaason
 Adam & Mercy Tomschin
 Dr. Scott & Lisa Torness
 Evie Ulrich
 United Methodist Women
 Valley Office Products
 Arvene Van Hout
 Pete & Lynn Vangness
 Gary & Monica Voeglti
 Walter Twp. Fund Drive
 Alan & Jackqualynn Webster
 Deann Wendinger
 Clyde Weros
 Joe & Jennifer Wiik
 Paulette Wiley
 Brent & Heather Wilts
 Justin & Misty Wittnebel

Level: \$100 - 249.99

AFLAC
 Shane Ayres
 B & D Guns & Repair
 Dawn & Rick Barnhardt
 Lois Bergeson
 Berkner Pizza
 Joe & Deb Berning
 Jody & Bryan Biever
 Big Stone Area Hardware
 Car Quest of Ortonville
 Record Connect
 Damian Coyour
 Thomas & Lori Croatt
 Lewis Family Drug
 Amanda Engebretson
 Federated Telephone Cooperative
 Jim & Neva Foster
 Jane Vangness Frisch
 Gabe's Auto Service
 Alan & Brenda Gengler
 LeVon Gerber
 Terry & Judy Gere
 Ronda & Kyle Gillespie
 Cara Greger
 Ryan & Jodi Gronholz
 Hartman's Super Valu Foods
 James & Katherine Heinecke
 Glenn & Deb Henningson
 Dustin & Joanie Hills
 Sharon & Dale Hoefert
 Jeff & Natasha Hynnek
 Johnson & Roggenbuck, P.A.
 Pauline Karels
 Patti & Darwin Karsky
 Iver & Trish Kellen
 Douglas & Dawn Leger
 Cary Leuthardt
 Karla & Arlo Lindahl
 Brad & Jodi Lockwood
 Nicole & Mike Lovgren
 Bruce Lund
 Dane Melin
 Marcus & Rachel Moberg
 Jason Mork
 Unzen Motors
 Dan Nelson
 Brandon & Heather Nelson
 Steve & Debbie Nelson
 Mark & Kris Ninneman
 NXC Imaging
 Jeremy & Kristen Ohm
 OHS Class Of 2010
 Leslie & Jessica Olson
 One Neck IT Solutions
 Christie Peterson
 Caurisa Peyton
 Larry & Kyla Powell
 Bill & Janice Powell

Redgey & Kelly Rademacher
 KDIO Radio
 Val & Paula Rausch
 Lisa & Leo Reiffenberger
 Richard & Nancy Rogers
 Jay Dee & Gloria Ross
 Dr. Allen & Lisa Ross
 KC & Deb Rushford
 Jim & Ranet Schmeichel
 Eunice Schmiege
 Emily Shelstad
 State Farm Insurance – Linda Toner, Ryan Kehnle
 Sally & Kelly Stattelmann
 Kelsey & Bryn Stock
 Stolpman Insurance
 Dan & Maureen Stores
 Steve & Lori Strei
 Pamela & Gerald Streich
 Dee Strong
 Tim & Dottie Swenson
 Garry & Ethel Swenson
 Brittany Swigerd
 Bill & Karen Thyne
 Don Tiegs
 Audrey Tobin
 Wade & Cindy VanDover
 Philip & Jessica VanHoorn
 John & Mary Weber
 Dan & Catherine Welberg
 Cheri Werner
 Michella Wollschlager
 Terry & Nicole Wood
 Woods, Fuller, Shultz & Smith P.C.

Level: \$250 - \$499.99

Barbara Anderson
 Ron & Ginger Athey
 Eric & Lois Banken
 Debra Barnhardt
 Steve & Phyllis Barr
 Big Stone Therapies, Inc.
 Carlson Drug
 CenBank
 Dr. David Collins
 Conroy Electric, Inc.
 Loren & Betty DeBoer
 Tom & Jeanette Dew
 Mike & Diane Dorry
 Marge Dragseth
 Beth & Erik Fladhammer
 Gene & Cheryl Hausauer
 Jason & Heather Henrich
 Kendra & Matt Hicks
 Pat Janke
 Johnson Memorial Health Services
 Cindy & Harlen Jorgenson
 Carlin Keimig

Aaron & Michelle Knutson
 Isaac & Samantha Knutson
 Vanessa Lhotka-Meyer
 Kim McCrea
 Craig & Jennifer Miska
 Twila Mursu
 Doran Nagel
 Jim & Cindy Nelson
 Nelson Electric
 Roger & Barbara Nornes
 Ortonville Plumbing & Heating
 Justin & Kelly Peters
 Progressive Col. & Glass
 Wylie Pullis
 Greg & Heather Rasset
 Jon & Mindy Rogers
 Roger & Coralie Sandberg
 William & Claudia Sellin
 Shared Medical Services
 Linda Sis
 Melissa & Tim Sletten
 John & Kelsie Thomas
 Mark & Sheila Thompson
 Heather & Scott Tietjen
 David & Anne Tonn
 Bill & Diane Vangness
 Paulette Webb
 Bette Weinman

Level: \$500 - \$999.99

AAA Collections
 Arnold & Mildred Amberg
 Anita & Mike Anderson
 Bluestem Dental
 Darlene Born
 Mark & Sandy Brown
 Conroy Eye Care
 Rusty Dimberg
 Drew & Corinne Dohman
 Chuck & Donna Folkens
 Frandsen Bank & Trust
 Carole Gerber
 GoFaster Powersports LLC
 Great American Life Insurance Company
 John & Krista Hartman
 Investors Advisory
 Management Group
 Cheryl Jurgens
 Matt & Kirsten Karels
 Brett & Kelsey Kaye
 Todd & Sheree Keller
 John & Kristine Meyer
 Darlene Mikkelson
 Ortonville Family Eye Care
 Pepsi Americas
 Bill Petersen

Dr. Greg & Mary Peterson
 Poet Biorefining
 Felicia Raguse
 Lindsay & Dustin Sherritt
 Pat & Elizabeth Sorenson
 Bruce & Evie Swigerd
 Debbie Taylor
 Mary Ann Ulrich
 Jerry & Mel Wiegman
 Wold Architects & Engineers
 Hans Zahrbock

Level: \$1,000 - \$2499.99

Dr. Susan Andersen
 Artie's Bait & Tackle
 Ortonville Independent
 Mark & Maria Botker
 Brian & Amber Hasslen
 Dan & Ardell Hasslen
 Hedge & Herberg, Inc.
 Donna Hoel
 Dan & Joanne Jorgenson
 Pro Image Partners
 Eldon & Carol Knutson
 Gregg & Libby Lindahl
 Charles Lindquist
 Dr. Stacy & Isaiah Longnecker
 Stan Lynne
 Minnwest Bank
 Annette Moen
 Ortonville Area Health Services
 Dr. Sarah & John Ristvedt
 Dave & Heather Rogers
 Mike & Leann Ross
 Sanford Health Foundation
 Strong, Inc.
 Prairie Lakes Healthcare System
 Paul & Julie Treinen

Level: \$2,500 - \$4,999.99

Nancy Geier
 Mount Olive Lutheran Church
 Tim Rabe
 Roman & Carol Taffe
 Lynn Thomas
 Transmed, Inc.

Level: \$5,000 - \$9,999.99

Mike & Pat Carlson
 Rausch Bros.
 Monument
 Dr. Robert S. & Mary Ross

Level: \$10,000 And Above
 Hasslen Construction
 Northside Medical Clinic

Matching Gifts

Many Companies and corporate foundations match individual contributions of their employees.

Please check with your Human Resources Department to find out more about your company's matching gift program.

Grace in Gratitude & Grief

By Vanessa Lhotka-Meyer

The Big Stone Health Care Foundation averages around \$15,000 in donations from memorials and honorariums in a single year. These donations are a generous way to honor a loved one and make a contribution to healthcare in your community. Sometimes the gifts are made in honor of an individual or a milestone. Many times they are emotional gestures made in memorial of loved ones. As Director of the Foundation, I believe the most important thing I do is listen to the stories you have shared with me when bringing donations in of this kind. In all these stories there is one common theme: gratitude. Whether you have lost someone from natural causes or tragedy has struck and you are just trying to make sense of life – gratitude remains. Gratitude stems from the care your loved one received and for the kindness given to those left behind.

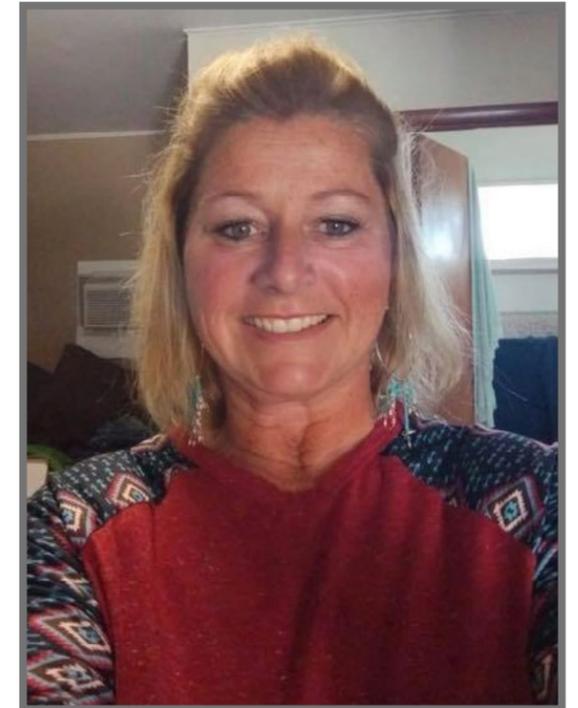
Missy McMahon was the kind of person that if you knew her, you loved her. She was kind, empathetic, and a happy soul. You knew her from the Ortonville Flower Shop, Big Rock, and most recently her road crew job that she was so proud of. She was a hometown girl and, no matter how far she ventured, she always found her way back. Missy grew up in a large, loud, and happy family with seven siblings. They are always laughing and telling stories – everyone knows of the McMahons. This is why it hit so hard when Missy lost her life this fall. She and her husband Jim were still newlyweds, and she loved to love him. The couple had just purchased a new home and committed to a healthier lifestyle. They were at one of the highest points of their lives. Then just like that, at age 50 – she was gone.

Jim stopped in my office this fall to deliver memorials received in Missy's memory. We talked for a long time about her and the deep loss she left behind. Donations made in Missy's name were of the highest I had ever seen and I was curious (and grateful) why the family had designated the Foundation for donations. The answer was so simple: gratitude. The McMahons have had their share of tragedy in their lives, but they remain a steadfast, strong unit of support and love. In 2009, Missy's brother Patrick died of "Pick's Disease" at the age of 45. The family watched him go from owning his own trucking company and working carpentry to living in a group home and eventually losing his battle too young. Then, a short year later, both McMahon parents Robert and Sandra passed within two days of each other. Robert had defeated



cancer multiple times by then and Sandra cared for him through it all. This loss was a blow. But these McMahons – they don't fall apart. They band together in a way that is beautiful and courageous. They are genuine and heartfelt people, accepting and loving one another without judgment and they acknowledge that they cannot change fate. They celebrate the lives that once were and cherish the memories.

With all this medical history, the family remembers the service of the staff at Ortonville Area Health Services and not just the providers and nurses – the way registration greeted them, how Patient Financial Services communicated, the compassionate care Sandra received at Fairway View, and especially those who took the time to ask how they were doing. These are the reasons the family chose to support local health care in Missy's memory. It's what she would have wanted. She continued the legacy of her parents by bringing her family together, loved every one of them so fiercely, and continues to influence them today. Missy's legacy is love and her lasting lesson to all is gratitude.



We said goodbye to our dear friend and major donor Ron Beling this year. Ron's love of community and people can be shown throughout the area. He was a kind and generous soul who we will miss so much! Ron reached the age of 85 years.

Aging Angels

The Ortonville Hospital opened in 1952. Originally 16,000 square feet, it has grown exponentially since then. As Ortonville Area Health Services' structure has grown, so have the patients and, with this, the staff. OAHS has been a consistent and viable employer as well as a staple of public support in the area since the very beginning. This is just one of the many reasons why staff retention is so high at OAHS with the longest current employees boasting forty-four and forty-two years of service. Retirement is bittersweet for many of these employees. They are more than staff – they are the breath that pumps life into these walls and the heartbeat that keeps operations going day after day. They have good days where they save lives, and they have bad days where no matter how much they try lives are lost. They live it all with their patients – the emotion, the hope, the loss. And when it is too much, they lean on each other. The strength, the "OAHS/FWV mentality" of kindness, compassion and empathy, the calling to help others is what makes it so hard for staff to retire.



In 2019, a group of OAHS retirees united to form the group "Aging Angels". This group of former staff members longed to rekindle the fellowship they shared for so many years. The idea was brainstormed by Marilee Haukos, Sharon Botker, and Marge Dragseth who started by sending out survey of interest letter to known staff that have retired in the last five years. The group held their first official event at Fairway View Catered Living with a kickoff picnic and twenty-four retirees! Combined the group had 636.5 years of service to OAHS! Since then the retirees have taken a trip to Sioux Falls, shared potluck meals, and shared many laughs and memories. They have also taken advantage of local entertainment sharing meals

downtown Ortonville and testing their knowledge at OMG Escape Room.

The group gets a bit misty-eyed remembering their many years of service. Some patients and stories will forever remain close to their hearts, and there are tragedies and hard times that are bonded over. But there are many happy times as well. The group is proud of the culture they helped shape at OAHS and FWV with fundraisers, staff potlucks or treats, department jokes, and fun. Outside of work, they also bonded sharing their families at gatherings such as picnics and parties, forming a local softball team, and volunteering as a group for community events. The Aging Angels loved helping people, being together, and coming to work – the constant they all shared.

This group has seen many changes in their time as staff and now retirees. They are proud of their contributions to the capital campaigns the Foundation headed up for the hospital replacement project and Fairway View Neighborhoods.

They understand how important it was that they took pride in and responsibility for the future of healthcare in this community. And while they are retired, don't expect this group to slow down anytime soon! They continue to meet as able and celebrate each other while also watching for ways to continue in their lifelong calling to serve and help others. The encouragement this group offers to the next generation is to go that extra mile: get involved, volunteer, and value the ones around you. Healthcare is a stressful field no doubt, but there are few occupations as rewarding. The groundwork these "Angels" have laid inspires the staff at Ortonville Area Health Services and Fairway View to continue on this legacy of compassionate care, fellowship, and service.

Donor Tribute Wall

The Tree of Life program has recognized generations of donors to the Big Stone Health Care Foundation since 1990. It was carved of beautiful oak and has represented the hope for life which patients seek; the renewing of life which care provides and concern for life, which donors share. Your gifts have been represented by engraved leaves, stones, and acorns – vital for life and growth of the Oak Tree just as your gifts have been to growing the healthcare in this area.

After almost thirty years, the tree and plaques have come down as we look to update our

donor recognition program. Replacing the Tree of Life will be a work of art consisting of four static pieces: listing donors who helped to fund capital campaigns "Completing the Vision" and "Building a Healthy Future", the mission of the Foundation with a brief history and a nod to the original board members. The Fourth piece will encase a digital, interactive kiosk.

Through the kiosk, users will be able to find out more about the Foundation, our history, board, and current staff. The kiosk will still acknowledge donors' lifetime giving levels, however, updates will be much more economical and frequent. Among so much more, users will also be able to navigate to events, find out more about the Gala or Oak Tree Classic and even sign up to attend or volunteer, find out what investments have been made for healthcare and check out our latest publications or videos.

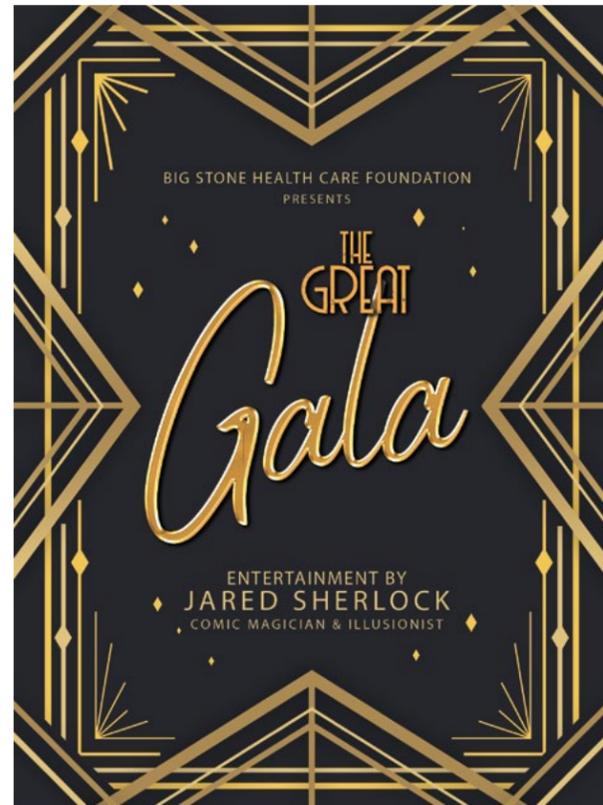
Look for the new piece to be installed in early March, we encourage you to explore the kiosk while you are in the facility, and find out more about the Foundation. Donors or their family members can contact the Foundation office to request their engraved plaques from the Tree of Life.



SPRING FLING

When COVID again interrupted our chance to host the Gala, our committee got creative and brainstormed a Spring Fling! This was designed to be a mainly outdoor event and allow for social distancing. Attendees shared a great day of friendship & fun on the most beautiful spring day you could ask for. Thank you to all our sponsors & axe throwers! 40 teams showed up and we raised approximately \$8,000! Guests enjoyed fresh made pizzas and wings from the Sioux Historic and capped the evening on the dance floor with live band October Road after the event.

1st place winners were Patrick & Darlene McFarland 46. They each won \$50 in BSLA Chamber bucks & the coveted wooden Axe!



1st Annual SHOOTING FOR THE FUTURE

The Big Stone Health Care Foundation in partnership with the Ortonville School Trap Team hosted our first annual trap shoot "Shooting for the Future" June 26th. This event took place at the Ortonville High School Range East of Ortonville. Al and Jackie Webster agreed to lease the land which the range is built on to the team. This marks a huge commitment to youth shooting sports for the Ortonville area. The event brings together two of the area's most important assets: our youth and healthcare. With significant funds raised and 23 teams showing up – we consider this event a huge success! The OHS Trap team hopes to use funds raised to contribute to their clubhouse at their range, while the Foundation continues in our mission to advocate for rural healthcare and education.

The event kicked off at 10 a.m. with range times being issued prior to the event to allow for social distancing. Shooters and spectators had the chance to win the CZ Redhead Premier 12 GA Shotgun donated by Rusty Dimberg and enjoy the mouthwatering meal of pulled pork and sides donated and served by the Henrich family. Events like this would not be a success without our sponsors, volunteers, donors and those willing to contribute. We thank you and value your gift. Thank you especially to the OHS Trap Team and 4H Shooting Sports team who put so much effort into this day and shared their passion for Minnesota high school's fasting growing sport.

- High Gun of the Day: Dylan Loraff – 49
- 1st Place: Artie's Bait & Tackle – 121
- 2nd Place: OHS Trap Team 1 – 110
- 3rd Place: Tom Dew – 100
- 4th Place: Brandon Nelson – 91
- 5th Place: Progressive Collision – 79
- 6th Place: OHS Trap Team 2 – 79
- 7th Place: D/B Trap Team #1 – 75
- 8th Place: BS County 4H Team – 75

*Ties were determined by reverse runs according to posted event rules.

Save the date: June 25th! Look for information on the Gould Brothers Show, professional trick shooting team from Osakis MN.



RIBFEST for the Foundation

The Foundation hosted Ribfest for the Foundation on Sunday, August 22nd during Cornfest. This event was sponsored by Pioneer Meat Market of Ortonville – who ordered in 36 racks of ribs for this event! Each team was free to prep, cook and serve their ribs in their own unique style with three pre-chosen, anonymous judges being served at 3:30 p.m. Judges Dale Homan, John Oakes & Paul Radermacher had a great time and chose winners based on flavor, tenderness, and presentation. Overall winning team was Mark Gere & Damian Coyour! Public samples were available and the participants also had their chance to vote for people's choice, and best theme. Look for this event again at the 83rd Annual Cornfest in August!



We celebrated the 30th anniversary of the Oak Tree Classic on September 11th – kicking off with the National Anthem and a moment of silence in remembrance of 9-11. To celebrate the 30th year, golfers were treated to mugs with the option of a

Bloody Mary sponsored by Rusty Anchor Bloody Mary Products. This year we hosted 38 teams and continued with issued tee times, beginning at 9 a.m., this format allows golfers who may want to arrive later in the day and leave as their rounds are complete. We had a fun day on the course and thank our sponsors, golfers and volunteers who have made this event a success year after year! Thank you to Ortonville Golf Club and Off the Green for all you do to make sure this event runs smoothly! Save the Date: September 10th, 2022



Congratulations to our top placing teams:
First Place: Dr. Al Ross, Pete Ross, Jesse Roscoe with a score of 48.7
Second Place: Trent Zomer, Nate Treinen, Peter Treinen with a score of 49.5
Third Place: Jon Hartman, Josh Zinksi, Al Hodenfield with a score of 51.1



Taeya & Tenley Zahrbock with Foundation Director, Vanessa Lhotka Meyer.

Thank you to the Zahrbock family who sold cookies by Dr. Bob & Mary Ross's house during the Oak Tree Classic. These young do-gooders displayed an awesome act of kindness & generosity by donating their day's earnings of \$258 back to the Foundation. Thank you to this awesome family for being supporters of the Foundation for many years & instilling the importance of this to the next generation!



In 2021, the Foundation partnered with Ortonville Flower Shop & Gifts to offer a holiday centerpiece making class. Held in March and November, these classes were well attended and fun! Led by Kandi Homan, owner of the flower shop and her dedicated staff – we united to share friendships and raise funds for the Foundation at the local VFW club! Look for classes to be held again this spring and fall! Thanks to all who attended!



Donuts for Dads was a free will donation event sponsored by Hartman's Supervalu of Ortonville. This event celebrated the dads in your home, office, or life by picking up donuts in a drive up fashion. Donuts were distributed on Main Street and sold out early! Look for us again in June.



Thank you to all our friends who stopped for muffins and made a donation to the Foundation! We value your friendship! Thank you also to some special ladies who made & donated the homemade muffins! They were DELICIOUS! Thank you Annette Moen, Donna Hoel, Darlene Mikkelson, & Lois Bergeson for also sharing her morning handing out muffins and sharing her talent for story telling!



Provider Perspective

by David Collins, MD

Over the last two years, COVID has taken some twists and turns, many of which were unpredictable, scary, and frustrating. Two years ago, I was still in my emergency medicine residency in Missouri. While on my rural elective, I watched as this new “COVID 19” virus came to the forefront. COVID was due to reach the west and east coasts at any time and the healthcare field was ratcheting up what it could in preparation – creating protocols, reading the literature out of China and from our friends in Europe, making sense of how to keep healthcare moving in this uncertain time.

I vividly recall rumors there would be a triage system developed in our department – COVID patients would only be seen by attendings until critical numbers were reached, if attendings went down due to illness the residents would assume the attending role in the department, family medicine would back us up, etc. These rumors inspired a lot of fear, anxiety, etc. amongst residents, attendings, and fellow healthcare workers alike. I remember having to place my cellphone, wallet, and keys in a plastic baggy before shift because at that point we didn’t know how infectious COVID was. Protocols for gowns, masks, and goggles changed weekly as new data emerged. Resident and attending alike became frustrated with the constant adjustments in protocol but we had entered unknown territory. Remember, the last pandemic was in the early 1900s. All current physicians in practice had not seen something like this. We learned it in med school, but it was more of a “fun fact”; not many of us seriously believed a pandemic would be seen in our lifetime.

Two years later, science and policy continue to evolve. I am now board certified in emergency medicine and have learned immensely while being at OAHS. I also have the privilege of traveling in my down time to work ERs at other facilities, seeing how they experience and cope with COVID. Here are some of my takeaways:

1. Ortonville and the surrounding community

remain blessed in we have seen few patients with severe COVID, requiring intubation and flights out of OAHS. Other communities have filled up at times with intubated patients that require an ICU bed with none to be found in the tri state area. As a result, hospitals like ours have to create a mini-ICU, something their staff was never trained for.

2. The community has remained receptive to changes in policy. We as providers recognize COVID remains a moving target and this frustrates everyone. Keep in mind though a lot of other discoveries in physics, biology, economics, etc did not become fact until years later when completely understood. Infectious disease is complicated to say the least. That is why there is an entire fellowship (additional years of training in addition to med school and residency) devoted to the topic.

3. Our providers remain invested in staying up to date. While none of us are trained in infectious disease, we remain nose deep in the literature – treatments, courses of disease, how the infection evolves, vaccine protocols. However, we recognize our limitations in our scope of practice and will often reach out to our colleagues in infectious disease and rely on our state and national infectious disease leadership. We are learning right along with you!

4. We value your feedback. The respiratory clinic is an evolving wing of our facility. While we are limited on space and staff, we have done our best to adapt our structure while keeping patient and staff safety in mind. This will continue to be the case. We recognize not everyone will be happy, but we will always do our best to respond to constructive feedback and concerns.

There are also several areas of growth looking back over the pandemic.

1. We are not machines. Medicine was challenging before the pandemic came along. There are a multitude of stressors on a regular

basis. Throw in COVID and some days become incredibly challenging. Many have seen in the news how healthcare workers have left in large numbers due to burnout. We remain blessed that our attrition has remained low because our healthcare team loves its community and loves OAHS. If we and/or you are having a bad day, please be patient with us as we try to be patient with you. This pandemic is not forever.

2. We as healthcare providers have learned the value of boundaries. We want to be your resources in all things COVID and healthcare. It is why we all went into healthcare to begin with. COVID is one topic we want to be readily accessible and answer questions. However, we ask you respect our privacy when we are not “in house.” We have family, friends, and other loved ones we need to care for as well as ourselves. We encourage questions through our weekly Facebook live sessions as well as face to face in clinic. If you have journal articles, news articles, things you have heard, bring them on! However, please be mindful when we are on our personal social media platforms or when we are out in public with our family and friends, this is not the time. We ask you respect our time and privacy as we try our best to respect yours.

3. Beware the sample size of 1. Our personal experiences lead to bias, both people outside of medicine and inside of medicine. For example, my specialty of emergency medicine has resulted in me seeing many of the sickest of the sick with COVID. At times, it can color my opinion of how “bad” COVID is. Whereas people not in emergency medicine may see many people only having mild symptoms. In reality, the pandemic has and will remain somewhere in the middle. It will be dangerous to some, mild for many. However, we must not let our personal experience overrule and lead to dismissal of the experience of others. We are all trying to make it through this pandemic together with the highest quality of life for ourselves and our families.

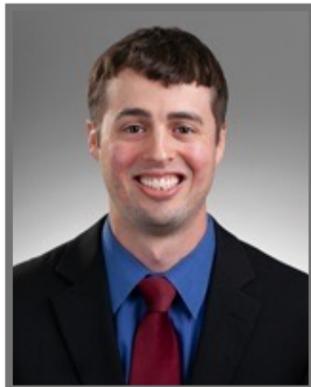
4. The end will come. I wish there was a hard and fast timeline for when COVID will become less of a day to day talking point and more of a thing of the past. However, COVID has changed how we function as a society and how we relate to one another. May we continue to be gracious and kind to one another as we all learn to navigate the complexities of life.

Here’s to a healthier 2022.



Oncology Services in Ortonville

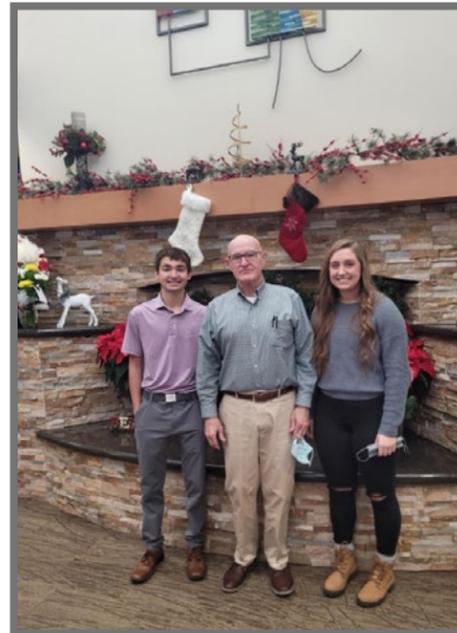
Dr. Jarrett Failing has continued the oncology care practice left open when Dr. Preston Steen retired in 2020. He received his undergraduate degree at North Dakota State University and attended medical school at Northwestern University Feinberg School of Medicine in Chicago, IL. Dr. Failing completed his residency and fellowship at the Mayo Clinic in Rochester, MN. He comes to the area with over eight years of experience. As a hematology and oncology specialist, he specializes in cancer care and research with an interest in immunotherapy research, particularly in lung cancer and melanoma cases.



Dr. Failing is employed through Sanford Health, Fargo, ND, and sees patients here in Ortonville 2 days each month and as needed through telemedicine. These telemedicine visits allow patients to do their chemotherapy treatments here in Ortonville with the confidence that their oncologist has assessed them and approved treatment. Dr. Failing's patients feel respected and heard in their appointments with him and he, not only continued, but expanded the legacy left by Dr. Steen. He has stated that his idea of care is to be a compassionate provider who treats the person and not just the disease.

He enjoys spending time with his family, deer hunting, and being outdoors. He is a huge sports fan, especially of the North Dakota State Bison and Minnesota Vikings football teams. We are thankful for the expertise and compassionate care Dr. Failing brings to the facility.

2021 Scholarship Recipients



Congratulations to our 2021 Big Stone Foundation Health Care Scholarship awardees! Each student is awarded \$1,500 after one complete semester of college. Applicants are asked to answer three questions, and submit two letters of recommendation to apply. Each year the Foundation receives many great applicants and we are excited to see young people exploring an education in health care!

Congratulation to Micah Henrich who was selected as the Foundation's Ortonville High School's scholarship recipient. Micah is the son of Jason & Heather from Ortonville. He attends SDSU & has goals of being a Pharmacist or Physician's Assistant.

Congratulations to Lora Botker for being selected at the Foundation's Clinton Graceville Beardsley's scholarship recipient. Lora is the daughter of Mark & Maria from Clinton. She attends NDSU for nursing with goals ultimately of becoming a nurse practitioner.

Sponsoring Local Health Care

As a Foundation, we make a difference by raising funds to educate, recruit, build facilities and purchase equipment—the things that make local health care an excellent option. As a donor, you make a difference as well.

Your generosity brought us here. Together, we can do even more! Please consider making a gift that is meaningful to you. Your gift will be meaningful to another individual or family faced with a medical emergency.

One time Donation

- One time donations can be made at any time and are fully tax deductible.

Monthly Pledge

- Please consider a regular recurring gift that is automatically transferred from a credit card or bank account, and can be adjusted or suspended at any time. No matter the amount, your recurring donation has a serious impact: knowing we can count on receiving your recurring gift allows us to continue ensuring we are supporting your healthcare needs locally.

Other ways to Give

- Planned Giving - Many have made the generous choice to remember the Foundation in their estate.
- Memorial and Tributes in honor of loved ones or milestones make a lasting and loving impact.
- Gifts of Grain – donate through your local elevator to the Foundation
- H.E.A.R.T. Nominations - Healthcare Employee Appreciation, Recognition and Thanks: Recognize a provider or healthcare worker who has made a difference in your life.
- Amazon Smile: We always encourage our friends to shop local, however, for those items that you can only get from Amazon, we ask you to use Amazon Smile and choose the Big Stone Health Care Foundation as your beneficiary.

"NACHO" NORMAL FRIDAY NIGHT

an OHS Women's Expo

FRIDAY, APRIL 1ST
ORTONVILLE ARMORY

5:30PM

Vendor Shopping, Drinks, &
Guadalupe's Mexican Food Truck

7:00PM

Renee Rongen

8:30PM

Prizes



"The Mother of Motivation and a combination of Lily Tomlin, Oprah and Mother Teresa."



Back in June, Jackie Taffe & Betty Williamson from Fairway View Life Enrichment department got good use out of the bus the Foundation donated! These ladies delivered 24 malts to FWV residents from the Big Stone County 4H malt wagon!

From Your CEO

Dear Friends of the Foundation,

One year ago I was hopeful the focus for 2021 would be a year for keeping people well as COVID volumes declined and the first vaccinations being administered, rather than putting most of our efforts into responding to the pandemic. However, I found that 2021 proved to be far more challenging than 2020.

Across the nation, an issue that was unforeseen was The Great Resignation, where millions of people began resigning from their jobs in April 2021. In a recent poll conducted by USA Today, about half (52%) of respondents said they were burned out. In addition, a recent McKinsey poll found ¹32% of registered nurses, in particular, are considering leaving their jobs. That's up 10 percentage points since McKinsey conducted its ²previous survey, in February of last year. On top of this, colleges report declining enrollment in many nursing and healthcare professional programs. Unfortunately, we are experiencing this right here at Ortonville Area Health Services.

When signs of The Great Resignation first began presenting itself, OAHS was already in preparation for our employee's possible reaction. Since January 2021, and with support from OAHS Health Care Board, OAHS has invested \$1,000,000 towards employee salaries. In addition, with funding from state and federal

grants, OAHS has awarded \$455,000 towards employee appreciation pay and bonuses.

What has long set Big Stone Health Care Foundation's mission apart from many other Foundations, is its focus and success with recruiting physicians back to the area. Today's focus, with the partnership between Big Stone Health Care Foundation and OAHS, is a call to action using these same strategies along with new ones to attract and retain more nurses, medical lab technicians, and other health professionals to OAHS to serve you and your loved ones.

In addition, we will also be partnering with local schools and colleges to keep students aware of opportunities at OAHS. Please do your part by supporting this effort through a donation to Big Stone Health Care Foundation or reach out if you have an interest in exploring any health career, regardless of your age.

While the health crisis and uncertainty of the workforce future persists, I continue to remain optimistic because of the support received from you, the partnerships formed and maintained, and the ongoing commitment of our employees at Ortonville Area Health Services and Fairway View Senior Communities.

Thank you,

David Rogers

Chief Executive Officer
Ortonville Area Health Services
Fairway View Senior Communities



Statement of Activities Fiscal Year 2021			
Revenue		Expense	
Programs	\$ 102,548.92	Program Expense	\$ 8,460.00
Gifts and Memorials	\$ 20,666.00	Physician Recruitment	\$ 85,000.00
Events	\$ 68,050.65	Event Expense	\$ 33,562.55
Investment Income	\$ 163,030.09	Staff, Office Operations, & Insurance	\$ 82,914.85
		Equipment	\$ 7,500.00
Total Revenue	\$ 354,295.66	Total Expense	\$ 217,437.40

Statement of Financial Position as of December 31, 2021			
Assets		Liabilities & Equity	
Current Assets		Current Liabilities	
Cash in Checking	\$ 96,079.13	Current Liabilities	0.00
Cash in Investments	\$ 1,525,532.37		
Total Current Assets	\$ 1,621,611.50	Total Current Liabilities	0.00
Fixed Assets		Equity	
Fixed Assets	\$ 3,637.84	Equity	\$ 1,625,249.34
TOTAL ASSETS	\$ 1,625,249.34	TOTAL LIABILITIES & EQUITY	\$ 1,625,249.34

¹www.healthcarediver.com/news/mckinsey-nurses-consider-quitting-leaving-pandemic-workforce/619208/

²www.healthcarediver.com/news/pandemic-spurs-more-nurses-to-consider-leaving-their-roles-mckinsey-report/599656/

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THE LEGACY

Big Stone Health Care Foundation

Our Mission...

To secure and expend financial aid for the operations, maintenance and expansion of the health care facilities and service of Ortonville Area Health Services, a not-for-profit corporation, and to otherwise contribute to the health care and maintenance of the people of the Ortonville area.

Like everything else in life, our healthcare needs, our healthcare facilities and the needs of our health care providers change. The Big Stone Health Care Foundation is proud to work with you to fulfill our mission.



Vanessa
Lhotka-Meyer
Director



Dr. Robert
Ross
President



Roman
Taffe
Vice President



Debra
Barnhardt
Treasurer



Michael
Rausch
Secretary



Dr. Greg
Peterson
Director



Paul
Strong
Director



Gene
Hausauer
Director